## WHAT IS CLAIMED IS:

1. A sterilized peritoneal dialysis solution comprising:

a starch comprising a glucose polymer selected from the group consisting of D-glucitol having the formula:

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gluconic acid having the formula

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$$\begin{array}{c|c} CH_2OH & CH_2OH \\ OH & OH \\ OH & OH \\ \end{array}$$

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and alkylglycoside having the formula

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wherein R is selected from the group consisting of  $CH_3$ ,  $CH_3CH_2$ ,  $(CH_2OH)_2CH$ ,  $CH_2(OH)CH(OH)CH_2$ , and  $[CH_2(OH)CH(OH)CH_2(OH)]CH$ , and wherein the polymer is linked by  $\alpha$ -1,4 bonds, that comprise at least 85%, by number, of the linkages.

- 5 2. The peritoneal dialysis solution of claim 1 wherein the solution is substantially free of formaldehyde.
  - 3. The peritoneal dialysis solution of claim 1 wherein the solution is substantially free of furfurals.

4. The peritoneal dialysis solution of claim 1 wherein the partially hydrolyzed starch is substantially of terminal aldehyde groups.

5. A method of administering an autoclavable osmotic agent to a subject in need thereof wherein the osmotic agent is prepared by the steps comprising: providing a solution of starch dissolved in water; and adding NaBH<sub>4</sub> to the starch solution to reduce the starch.

- 6. The method of claim 5 further comprising the step of purifying the reduced starch solution by passing the reduced starch solution through an anionic exchange resin.
- 7. The method of claim 5 wherein the dissolving and adding steps are carried out at room temperature.
- 8. The method of claim 6 further comprising the following step after the adding step and prior to the purifying step:
  allowing the solution to stand for about 10 hours.
- 30 9. The method of claim 5 wherein the starch is maltodextrin.

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10. The method of claim 5 wherein the starch is reduced to an icodextrin linked predominately by  $\alpha$ -1,4 bonds and having the formula:

$$\begin{array}{c|c} CH_2OH & CH_2OH \\ OH & OH \\ OH & OH \\ OH & OH \\ \end{array}$$

11. A method of administering a sterilizable osmotic agent to a subject in need thereof wherein the osmotic agent is prepared by the steps comprising:

providing a solution of starch dissolved in water;
providing a solution of NaOCl; and
adding the NaOCl solution to the starch solution to oxidize the starch.

- 12. The method of claim 11 further comprising the step of purifying the oxidized starch solution by passing the oxidized starch solution through a gel permeation chromatograph.
- 13. The method of claim 11 wherein the adding step is carried out at room temperature.
- 14. The method of claim 12 further comprising the following step after the adding step and prior to the purifying step:
  allowing the solution to stand for about 2 hours.
  - 15. The method of claim 11 wherein the starch is maltodextrin.
- 30 16. The method of claim 11 wherein the starch is oxidized to an icodextrin linked predominately by  $\alpha$ -1,4 bonds and having the formula:

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$$\begin{array}{c|c} CH_2OH & CH_2OH \\ OH & OH \\ OH & OH \\ \end{array}$$

17. A method of administering a sterilizable osmotic agent to a subject in need of same wherein the osmotic agent is prepared by the steps comprising:

dissolving starch in an acid and an alcohol selected from the group consisting of methanol, butanol and glycerol.

- 18. The method of claim 17 further comprising the step of stirring the starch, alcohol and acid for about 2 hours.
- 15 19. The method of claim 17 wherein the stirring step is carried out at a temperature of about 100°C.
  - 20. The method of claim 17 wherein the starch is maltodextrin.
- 20 21. The method of claim 17 wherein the acid is HCl.
  - 22. The method of claim 17 wherein the starch is glycosylated to an icodextrin linked predominately by  $\alpha$ -1,4 bonds and having the formula:

wherein R is selected from the group consisting of  $CH_3$ ,  $CH_3CH_2$  and  $(CH_2OH)_2CH$ .